

A 61 year old woman comes into the clinic complaining of an episodic tightness in her chest that she began to have 7 months ago. She lives a sedentary lifestyle and has a BMI of 27.3 and a waist of 82 cm. No family history of heart disease. A full cardiac and GI workup revealed nothing. She notes she separated from her husband 8 months ago, but denies depression or suicidal ideation. She seems very tense and mentions she does have anxious feelings about living alone. What is the most likely diagnosis?

- a) Adjustment Disorder
- b) Panic Disorder
- c) Generalized anxiety disorder
- d) PTSD
- e) Major Depressive Disorder